

First, a RADICAL ACCEPTANCE of discomfort....I do not have to perfectly alleviate the stress and discomfort I feel. Within this framework, there can still be non-negotiables about how I want to treat the children. The skill to work on is STRESS TOLERANCE, and the goal is to carry on with SELF-CONTROL.

“She did what she could...” (Mark 14:8)

“He brought me out into a broad place; he rescued me, because he delighted in me.” (Psalm 18:19)

“You have given me the shield of your salvation, and your right hand supported me, and your gentleness made me great. You gave a wide place for my steps under me, and my feet did not slip.” (Psalm 18:35-36)

“You equipped me with strength for the battle.” (Psalm 18:39a)

“...no eye has seen a God besides you, who acts for those who wait for him. You meet him who joyfully works righteousness, those who remember you in your ways.” (Isaiah 64:4-5)

“I waited patiently for the Lord; he inclined to me and heard my cry...You are my help and my deliverer; do not delay, O my God!” (Psalm 40:1, 17)

“Therefore the Lord waits to be gracious to you, and therefore he exalts himself to show mercy to you. For the Lord is a God of justice; blessed are all those who wait for him. For a people shall dwell in Zion, in Jerusalem; you shall weep no more. He will surely be gracious to you at the sound of your cry. As soon as he hears it, he answers you. And though the Lord give you the bread of adversity and the water of affliction, yet your Teacher will not hide himself anymore, but your eyes shall see your Teacher. And your ears shall hear a word behind you, saying, ‘This is the way, walk in it,’ when you turn to the right or when you turn to the left. Then you will defile your carved idols overlaid with silver and your gold-plated metal images. You will scatter them as unclean things. You will say to them, ‘Be gone.’” (Isaiah 30:18-22)

“For thus said the Lord God, the Holy One of Israel,
‘In returning and rest you shall be saved;
in quietness and in trust shall be your strength.’
But you were unwilling...” (Isaiah 30:15) ...*God, help me be willing.*

“The one who offers thanksgiving as his sacrifice glorifies me;
To one who orders his way rightly I will show the salvation of God!” (Psalm 50:23)

“What I asked of God each day was simple and practical: *Father, I’m alive, and I want to use this time constructively. How can I be useful to You today?* I knew that He...was in control.” (Bruchko and the Motilone Miracle, p. 132)

**Perpetual Prayers for
PRESENCE, PEACE, and POWER**

“And I will lead the blind in a way that they do not know,
in paths that they have not known I will guide them.
I will turn the darkness before them into light,
the rough places into level ground.
These are the things I do, and
I do not forsake them.”
(Isaiah 42:16)

“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”
(Philippians 4:6-7)

“But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.” (2 Corinthians 12:9-10)

Jesus Calling

As you trust in Me, I make your feet like the feet of a deer. I enable you to walk and make progress upon your high places of trouble, suffering, or responsibility. (August 6)

Attentiveness to Me is not only for your quiet time, but for all your time. As you look to Me, I show you what to do *now* and *next*...When you let Me direct your steps, you are set free to enjoy Me and to find what I have prepared for you this day. (July 26)

Glorifying and enjoying Me is a higher priority than maintaining a tidy, structured life. (June 19)

Who is in charge of your life? (June 7)

When things don't go as you would like, accept the situation immediately... humble yourself under My mighty hand. (May 22)

...the sooner you “put Me on” by communicating with Me, the better prepared you are for whatever comes your way...Clothing your mind in Me is your best preparation for each day. This discipline brings Joy and Peace to you and those around you. (May 27)